



CGS COVID-19 REQUIREMENTS

UPDATED 25 JANUARY 2022 – TERM 1 2022

For the health and safety of our community, the School requires the support of all in observing the following:

STAY HOME IF	<ul style="list-style-type: none"> You are unwell or have any symptoms of COVID-19. You have been advised to do so by a medical practitioner or the School Health Clinic.
ISOLATE UNTIL CLEARED IF	<ul style="list-style-type: none"> You or a household contact have been diagnosed with COVID-19. You or a household contact are awaiting COVID-19 test results.. You are classified as a high risk contact and are advised to isolate by ACT Health.
RAPID ANTIGEN TESTING	<ul style="list-style-type: none"> Staff are required to RAT test twice a week on Sunday and Wednesday night. Students are asked to RAT test twice a week before attending on Monday and Thursday. If positive, you must inform the School via covid19@cgs.act.edu.au and inform ACT Health via the ACT Government's mandatory web form. If negative, you may attend School, unless you have symptoms or are a household or high risk contact.
SCHOOL ABSENCE & ATTENDANCE	<ul style="list-style-type: none"> To inform the School of extended absence for reasons related COVID-19, please use covid19@cgs.act.edu.au. Students and Parents should report all general absences, including for short term illnesses, via the "Report Absence" button on CGS Connect.
ATTENDING THE CAMPUS	<ul style="list-style-type: none"> Parents and visitors are asked not to attend the campus other than for essential sign in and out in the ELC and at Northside, or by appointment. All adults and senior students attending campus must maintain social distancing and wear masks at all times unless undertaking strenuous activity or eating and drinking. All adults and students aged 16+ are required to use the Check in CBR App.
PERSONAL DISTANCING	<ul style="list-style-type: none"> Keep 1.5m between adults, and between students and adults. Avoid crowding (including in locker rooms, doorways, corridors, etc). Avoid physical contact (including handshakes, hugs, jostling, etc). All gatherings are limited to 1 adult (excluding staff) per 2m² indoors and outdoors. Posted room occupancy limits must be observed. Classrooms should be arranged for personal distancing wherever possible. To prevent crowding and cohort mixing: <ul style="list-style-type: none"> zoning requirements must be followed at break and lunch times. the canteen will be closed and lunch orders will be delivered to cohort zones.
VACCINATION	<ul style="list-style-type: none"> As per Government advice, all members of the School community are encouraged to obtain vaccinations and boosters as soon as eligible and to update status via CGS Connect. Please consult with a registered medical practitioner if you have questions or concerns.
MASKS AND AIR QUALITY	<ul style="list-style-type: none"> Masks must be worn by all adults and Senior School students on campus when inside and in the presence of others, and when moving between classes. They must also be worn at bus stops, on buses and in transport for School activities. Masks may be removed outdoors at lunch and break time and indoors only when eating and drinking 1.5m from others, or when working alone. They may also be removed when talking with people with hearing impairment or for vigorous exercise and musical activity. Students in Years 3 - 6 are strongly encouraged to wear masks indoors. N95 standards is recommended. Replacement masks are available during the day from Reception. Used masks must be disposed of only in the yellow bins provided around campus. Ventilation is to be maintained in all rooms with windows and doors open. Air purifiers are to remain on at all times.

PERSONAL HYGIENE	<ul style="list-style-type: none"> • Cover coughs and sneezes, and avoid touching your face. • Dispose of used tissues, then wash or sanitise hands immediately. • Wash hands regularly and thoroughly, and use hand sanitiser on entry to buildings. • Avoid unnecessary contact with high touch surfaces. • Use cleaning products as necessary and at the end of every class. • Additional cleaning will be conducted throughout the day. • Do not share food, drink or clothing. • Do not drink directly from water bubblers. • Equipment must not be shared and must be cleaned between users.
HEALTH AND WELLBEING	<ul style="list-style-type: none"> • Maintain good exercise, eating and sleep habits. • Notify a staff member or the Health Clinic immediately if you feel unwell at School. • Seek support from School staff, Counsellors, Chaplains or the Health Clinic if concerned about your own or another person's mental or emotional wellbeing. • Refer to the Mental Health and Wellbeing resources on CGS Connect if needed. • Let the School know of any changes to personal health plans.
CO-CURRICULAR ACTIVITY	<ul style="list-style-type: none"> • Sport and the creative and performing arts are permitted under ACT guidelines only within cohort groups, only within the ACT and only with COVID-19 safety plans in place. • Sporting teams may train together and participate in local community sporting competitions. • Group singing and playing of wind instruments are permitted with strict distancing. • Large events and performances, camps, swimming & athletics carnivals, and interstate activities are not permitted in Term 1 under ACT guidelines. • On days where students have PDHPE, they may attend school wearing their sports uniform.
DROP-OFF AND PICK-UP	<ul style="list-style-type: none"> • ELC and CGS Care: Parents are asked to remain outside and staff will sign students in and out until ACT restrictions change. • Northside: via the Blamey Crescent drive-through. • Red Hill Years K-2: via the Alexander Street drive-through. • Years 3-6 with siblings in K-2: via the Alexander Street drive-through. • Years 3-6 without siblings in K-2: surnames A-F: via the Alexander Street drive-through. • Years 3-6 without siblings in K-2 surnames G-Z: via the Mugga Way drive-through. • Senior School: via the Monaro Crescent drive-through. • Parents should remain in vehicles and staff will assist where necessary in Primary.
IF COVID-19 IS IDENTIFIED IN THE SCHOOL	<ul style="list-style-type: none"> • The School will follow the direction of ACT Health. • Parents will be contacted directly by the school for all casual contact cases at school. • Parents will be contacted directly by ACT health if contact is deemed high-risk. • Parents are asked to update and review all their current contact details to support contact tracing notifications from the school.
IN READINESS FOR CLOSURE AT SHORT-NOTICE	<ul style="list-style-type: none"> • Staff and students are advised to take laptops and any essential resources home each day. • Parents should keep contact details updated via the "Update My Info" link on CGS Connect. • Parents are advised to have childcare contingencies in place. • Boarding families are required to have local guardianship contingencies in place.
IN CASE OF A GENERAL RETURN TO REMOTE LEARNING	<ul style="list-style-type: none"> • There will be an initial switch-over period in which students work independently while teachers prepare resources for remote learning. • Remote learning will then be provided via a combination of online resources and remote lessons. • On-campus supervision is likely to be available for those who require it.
CURRENT SPECIFIC ARRANGEMENTS UNTIL FURTHER NOTICE	<ul style="list-style-type: none"> • Assemblies, House Assemblies and Chapel services will continue online until further notice. • Parent-Teacher/Academic Conferences will be online. • School facilities are unavailable to hire. • There will be no international School travel in 2022
WELLBEING SUPPORT AND RESOURCES	<ul style="list-style-type: none"> • School Health Clinic and Psychologists • School Chaplains and Pastoral Staff • Your doctor • Beyond Blue: 1800 51 23 48 – or webchat • Lifeline Australia: 13 11 14 – or webchat • Kids Helpline: 1800 551 800 – or webchat • Headspace Canberra: 02 5109 9700 • Domestic Violence Line: 1800 65 64 63 • 1800RESPECT: 1800 73 77 32 • ACT Government Resources • NSW Government Resources • Commonwealth Government Resources
GOVERNMENT INFORMATION	<ul style="list-style-type: none"> • ACT Government COVID-19 Information • Commonwealth Government COVID-19 Information